

**PROCLAMATION  
CITY OF CENTRAL  
PARISH OF EAST BATON ROUGE  
STATE OF LOUISIANA**

- WHEREAS,** heart disease kills an estimated 630,000 Americans each year; and
- WHEREAS,** heart disease is the leading cause of death of men and women, regardless of race, religion, socio-economic status or geography; and
- WHEREAS,** in the United States, the most common type of heart disease is coronary artery disease (CAD), which can lead to heart attack; and
- WHEREAS,** evidence suggests that you can greatly reduce your risk of coronary artery disease (CAD) through lifestyle changes and, in some cases, medication; and
- WHEREAS,** since 1963, February has been celebrated as American Heart Month to urge Americans to join the battle against heart disease; and
- WHEREAS,** in order to help prevent heart disease and increase awareness of its effects, the City of Central, is proudly participating in American Heart Month.
- NOW, THEREFORE,** I, Wayne Messina, State of Louisiana, do hereby proclaim February as  
**AMERICAN HEART MONTH**

**IN WITNESS WHEREOF,** I have hereunto set my hand below this 23<sup>rd</sup> day of February, 2016.

**WAYNE MESSINA,  
CITY COUNSEL**

*Adopted, February 23, 2016*

*Mark D. Miley, Central City Clerk*